



# NEWSLETTER

**May 2026: Vol 37 No 2**

**Probuss Club of Newcastle Inc.**  
**PO Box 597 The Junction NSW 2291**

**Website:** [newcastleprobuss.org](http://newcastleprobuss.org)  
To print from the Website, click **NEWSLETTER**

President: **Stephen Pead 0411 471 118**  
Secretary: **Keith Hole 0419 219 193**  
Treasurer: **Keith Lynch 0409 537 225**

Activities: **Geoff Morris 0412 613 591**  
Speakers: **David Tarento 0434 133697**  
Editor: **Peter Rickford 0412 495 575**

**GENERAL MEETING 26<sup>th</sup> May– Programme:**  
**10.30 am – Welcome, Apologies, Visitors, Induction**  
**10.45 am – Member Autobiography – Mick Morrin**  
**11.00 am – Coffee and Tea**  
**11.30 am – Guest Speaker – Dr. Neil Forrester**



## **President's Report: Stephen Pead**

Hello once again. I hope you're looking forward to catching up with your Probuss mates at our regular meeting.



I always enjoy hearing a member's "story" because *everyone* has something interesting or unusual to share. This month it's Mick Morrin in the spotlight.

On the subject of speakers, we also have a fabulous guest speaker, entomologist and biotechnologist, Dr. Neil Forrester who'll talk about "what science can do for you". Should be fascinating.

Our vice-president Brian Prior will show off our new Probuss polo shirt and hoodie at the meeting - they look great and I encourage you to order one or both!

Committee member Geoff Morris is always working hard to arrange interesting activities for us, and he has some crackers scheduled over the next couple of months – see his section for the details.

And don't forget to mark the date in your diary for our annual Ladies Luncheon. Friday 31<sup>st</sup> July at Club Macquarie. Bring your partner, bring some friends, the guest speaker will be very special.....details later in this newsletter.

Recently Probuss South Pacific (our "head office") updated their website. If you haven't visited it recently it's worth checking out <https://probussouthpacific.org/> particularly the Member Benefits, Active Retirees and 50<sup>th</sup> Anniversary sections.

And finally, two things to wrap up my report:

1. Our club's future is with new members so if you have a friend, neighbour, relative who you think might like the friendship that Probuss offers, invite them along to a meeting.
2. A request. Gents, please make sure you turn off your phone *for the entirety of our meeting*. It's rude to other members and our guests to be interrupted by a pinging or ringing phone!

*Stephen*

**The next General Meeting of Newcastle Probuss Club will be held on 23<sup>rd</sup> June 2026 at Souths Merewether**



## Treasurer's Report: *Keith Lynch*

**Bank Reconciliation end April 2026:** Opening Balance \$6,548, Income \$546  
Expenditure \$271, Closing Balance \$6,824, Term Deposit \$7,500

**Payments: Cash:** To Treasurer (in envelope with name, purpose, and amount).

**Internet Banking:** Newcastle Permanent Building Society, BSB: 650000, A/c No.943213300

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**Activities:** *Geoff Morris*

0412613591

[morisgeoff@y7mail.com](mailto:morrisgeoff@y7mail.com)

**Guided tour - Museum of local military history Wednesday 27 May 10.30am**

A museum showcasing local regional military history, veterans' stories and memorabilia from conflicts from the Boer war to modern peacekeeping. Based in Club MEX, Hanbury St, Mayfield, the perfect place for the optional lunch after our museum visit.

There are still a few vacancies but please let me know at the meeting.

**Visit to NCIG coal loader Thursday 25 June 10am**

Maximum 15 people. 14 registered-1 position left & then a wait list in case of cancellations  
Optional lunch after at Wests Club, Mayfield

**Visit to NSW Fisheries Research Institute, Taylors Beach, Port Stephens Wednesday 15 July 10.30am**

A guided tour of this important facility with optional lunch after at Cook-a-barra Restaurant, Bobs Farm. Registration sheet at Tuesday's meeting.

**Visit to Westrac NSW headquarters at Tomago. Wednesday 19 August 10 am**

Westrac is one of the largest Caterpillar agencies in the world with over 4,500 employees. Key operations include equipment sales, Parts and servicing, technology and asset management and a nationally recognized apprenticeship scheme.

This will be maximum 20 people with registration sheet at Tuesday's meeting

Optional lunch (at own expense after tour)

**Hawkesbury History Cruise Thursday 24 September**

**Details previously (and again next month)** Registration sheet at Tuesday's meeting.

I will be away for a while after next week and my apprentice Robbie Robinson will be in charge of activities matters. Geoff Morris - **Robbie Robinson 0417577780**

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## Save the date

27<sup>th</sup> November - Christmas Luncheon

8<sup>th</sup> December - Life Members, Past Presidents & Current Committee Lunch

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## Upcoming Guest Speakers

23<sup>rd</sup> June

Laraine Dunn

Brain Fitness

28<sup>th</sup> July

Vince Reedy

Energy Industry

31<sup>st</sup> July

Ladies Lunch

25<sup>th</sup> August

Wendy Dupont

Original Tea Gardens Ferry

22<sup>nd</sup> September

Mark Apthorpe

Logistics and Supply Chain Challenges

27<sup>th</sup> October

Alan Playford

Working in Rescue and Overseas

24<sup>th</sup> November

Lucas Coleman

TBA



# SPECIAL EVENT

Calvary Mater Newcastle

## MEN'S HEALTH NIGHT

*Practical health advice for men and those who care about them*

**Wednesday 24 June 2026**  
5:30pm - 8:30pm  
Lincoln Function Room, Club Charlestown

This free community event is for men of all ages. It also welcomes the partners, families, and friends who support them. You'll hear from trusted health professionals, sharing practical, easy-to-understand information.

**You'll learn about:**

- **PSA testing** - what men really need to know
- **Heart health** - understanding cardiovascular risk and early warning signs
- **Mental health** - recognising stress, anxiety and depression in men
- **Alcohol, drugs and long-term health** - how everyday habits impact your wellbeing
- **Exercise** - simple ways movement improves physical and mental health at any age

A range of health professionals and guest speakers to talk all things 'Men's Health'

Light refreshments provided.

Tickets are free  
Register at: <https://calvary.healthcare/menshealthnight> or scan the QR code to book

Acknowledgement: this event is generously sponsored by Skillsons Constructions Pty Ltd and Club Charlestown whose support helps make this free community education event possible.






A woman and a man collide head-on in their cars. The impact is so great that both vehicles are completely destroyed, but incredibly, neither driver is injured. After getting out of their respective cars, the woman says:  
"But look at what's become of our cars!"

"And miraculously, we don't have a single scratch!"

"This must be a sign from God for us to get to know each other, to be friends, for the rest of our days."

The man, captivated by the woman's beauty, replies:

"Oh yes! I completely agree with you. This is a sign from God."

The woman continues:

"Look, another miracle. My car is completely destroyed, but this bottle of wine didn't break. Surely God wants us to drink it and celebrate our good fortune."

The man, completely in agreement, uncorks the bottle, makes a toast, and drinks half of it. Then, he hands it back to her so she can drink too.

The woman takes the bottle and puts the cap on it.

The man, puzzled, asks him:

"Aren't you going to have a drink?"

The woman replies:

"No, I prefer to wait for the police."

### **MORAL OF THE STORY:**

Women are and always will be more calculating than beautiful!!!  
And trusting men are and always will be their victims.

## CLUB PROBUS POLO SHIRT & HOODIE

### GILDAN POLO Shirt



Slim fit  
90% cotton 10% polyester  
Colour SPORTS GREY  
Sizes S to 2XL  
**PRICE \$35**

### GILDAN POLO Shirt



Classic fit  
100% cotton  
Colour WHITE  
Sizes S to 2XL  
**PRICE \$40**

### ZIP UP Hoodie



Spun yarn for softer feel  
50% cotton  
WHITE only  
Sizes S to 2XL  
**PRICE \$60**

Our Vice President Brian is taking orders with payment and has size charts available.



## 2026 LADIES LUNCHEON

Members, Ladies and Guests are invited to the  
Probus Club of Newcastle Ladies Luncheon

Club Macquarie, Lake Road, Argenton  
Friday, 31<sup>st</sup> July 2026

**11.00am: Arrive - Tea & Coffee/Pre Lunch Drinks**

**11.25am: Welcome**

**11.30am: Guest Speaker**

**12.30pm: Lunch**

**1.30pm: Fellowship**

**Our Guest Speaker:** Newcastle's very own "Miss Kim"



A performer since she was 10 and then a music teacher, Kim Hornby has dedicated her life to educating, entertaining and nurturing youngsters, but her influence extends far beyond that.

She's better known as "Miss Kim", and if you grew up in the Hunter Region, she was probably a big part of your childhood.



From Romper Room, to tucking Big Dog into bed every night...the iconic "Miss Kim" is ready to share her amazing journey with us!



RSVP by 28<sup>th</sup> July 2026 to Stephen Pead – Luncheon coordinator

At club meeting or email [peady@y7mail.com](mailto:peady@y7mail.com) or phone 0411 471 118

Payment of \$60 per person by funds transfer:

BSB 650-000 / Account Number 943213300 (please include your name)

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