



NEWSLETTER

June 2026: Vol 36 No 3

Probus Club of Newcastle Inc. Website: newcastleprobus.org

PO Box 597 The Junction NSW 2291

To print from the Website, click **NEWSLETTER**

President: **Stephen Pead 0411 471 118**
Secretary: **Keith Hole 0419 219 193**
Treasurer: **Keith Lynch 0409 537 225**

Activities: **Geoff Morris 0412 613 591**
Speakers: **David Tarento 0434 133697**
Editor: **Peter Rickford 0412 495 575**

GENERAL MEETING 23rd June– Programme:

10.30 am – Welcome, Apologies, Visitors, Induction
10.45 am – Member Autobiography – David Leyonhjem
11.00 am – Coffee and Tea
11.30 am – Guest Speaker – Laraine Dunn



President's Report: *Stephen Pead*

G'day fellow club members!



Firstly, a reminder. Please wear your name badge to club meetings - it helps other members to "recognise" you and in particular makes Arthur's job so much easier at the front desk. And yes, Arthur knows many of us ...but not all of us!! If you've lost or misplaced your badge let Keith Hole know and he'll arrange a new one.

On behalf of the committee, we welcome Alan White. Any organisation is only strong when its members actively participate, thanks Alan for stepping up.

On the subject of stepping up, we need a member to volunteer as club photographer -you don't even need a camera, phone shots are fine for our website and newsletter. Any takers? Please let either me or Keith Hole know.

At this month's meeting our member speaker is David Leyonhjem - I'm looking forward to his "story". And on the subject of speakers, our guest speaker for the meeting is Laraine Dunn a Novocastrian who loves life and will share her secrets to ageing gracefully with tips on "Brain Fitness". I've had a look at her YouTube videos and can promise you a fascinating presentation.

Our vice-president Brian Prior is still taking orders for our new Probus polo shirt and hoodie. See him at the meeting.

And finally, a couple of 50th Anniversary items to wrap up my report:

1. Probus Month is October, and on the 1st Newcastle City Hall clock tower will be lit with the blue and gold of Probus as will the Morpeth Bridge.
2. There's a Probus 50th Anniversary red and white wine offer now available as well. It comes from Olive Farm Wines in WA. Here's the link to order or learn more: <https://www.olivefarmwines.com.au/probus-50th-anniversary>
3. And if you'd like more information on Probus 50th Anniversary celebrations all the details are available via this link to the PSPL website: <https://probussouthpacific.org/about-probus/50th-anniversary/>

Cheers

The next General Meeting of Newcastle Probus Club will be held on 28th July 2026 at Souths Merewether



Treasurer's Report: *Keith Lynch*

Bank Reconciliation end April 2026: Opening Balance \$6,824, Income \$761
Expenditure \$496, Closing Balance \$7,089, Term Deposit \$7,500

Payments: Cash: To Treasurer (in envelope with name, purpose, and amount).

Internet Banking: Newcastle Permanent Building Society, BSB: 650000, A/c No.943213300



Activities:

Guided tour of our local Military History Museum

A memorable visit to the local military museum at Mayfield was conducted on Wednesday 27th May. The museum located on Hanbury street in Mayfield is extensive and showcases local regional military history, veterans' stories and memorabilia from conflicts from the Boer war to modern peacekeeping. The museum is managed and maintained by the City of Newcastle RSL, whose President Mr Peter Griffiths, provided us with a fascinating and informative guided tour of the museum.

Visit to NCIG coal loader

Thursday 25 June 10am

Arrangements for the planned visit to the NCIG coal loader are now complete. The visit limited to 15 will commence on Thursday 25 June at 10am at the NCIG Main Building. Full details regarding parking and meeting point will be issued by Robbie prior to the visit. Two Reserves are keen to attend, so early notification of any cancellation from those listed would be appreciated. An optional lunch at the nearby West's Club in Mayfield will be available on completion of the visit. Please advise Robbie of intention to attend lunch.

Visit to NSW Fisheries Research Institute, Taylors Beach, Port Stephens

Wednesday 15 July 10.30am

A guided tour of this important facility with optional lunch after at Cook-a-barra Restaurant, Bobs Farm. Registration sheet at Tuesday's meeting.

Visit to Westrac NSW headquarters at Tomago.

Wednesday 19 August 10 am

Westrac, is one of the largest Caterpillar agencies in the world with over 4,500 employees. Key operations include equipment sales, Parts and servicing, technology and asset management and a nationally recognized apprenticeship scheme.

This will be maximum 20 people with registration sheet at Tuesday's meeting

Optional lunch (at own expense after tour).

Registration sheet at Tuesday's meeting.

Hawkesbury History Cruise

Thursday 24 September

Details previously (and again next month).

Registration sheet at Tuesday's meeting.

Upcoming Guest Speakers

28th July

Vince Reedy

Energy Industry

31st July

Ladies Lunch

25th August

Wendy Dupont

Original Tea Gardens Ferry

22nd September

Mark Apthorpe

Logistics and Supply Chain Challenges

27th October

Alan Playford

Working in Rescue and Overseas

24th November

Lucas Coleman

TBA



Save the date.

27th November - Christmas Luncheon

8th December - Life Members, Past Presidents & Current Committee Lunch



SPECIAL EVENT
Calvary Mater Newcastle
MEN'S HEALTH NIGHT
Practical health advice for men and those who care about them
Wednesday 24 June 2026
5:30pm - 8:30pm
Lincoln Function Room, Club Charlestown

This free community event is for men of all ages. It also welcomes the partners, families, and friends who support them. You'll hear from trusted health professionals, sharing practical, easy-to-understand information.

You'll learn about:

- **PSA testing** - what men really need to know
- **Heart health** - understanding cardiovascular risk and early warning signs
- **Mental health** - recognising stress, anxiety and depression in men
- **Alcohol, drugs and long-term health** - how everyday habits impact your wellbeing
- **Exercise** - simple ways movement improves physical and mental health at any age

Light refreshments provided.

Tickets are free
Register at: <https://calvary.healthcare/menshealthnight> or scan the QR code to book

Acknowledgement: this event is generously sponsored by Skillsons Constructions Pty Ltd and Club Charlestown whose support helps make this free community education event possible.

Men's Health'
A range of health professionals and guest speakers to talk all things



 





Funny one-liners about aging!

- Retirement is what happens between doctors' appointments.
 - The older we get, the earlier it gets late.
 - You know you're getting old when your birthday cake is classified as a fire hazard.
 - Money isn't everything, but it sure keeps you in touch with your children.
 - I called the incontinence hotline recently. They asked if I could hold.
 - You know you're getting old when your doctor refers you to an archaeologist.
 - I'm so old, I remember when the Dead Sea was middle-aged.
 - Old people are just young people who have been alive for a long time.
 - With age comes wisdom ... and hair in really weird places.
 - At my age, the only pole dancing I do is while holding on to the safety bar in the bathtub.
 - I'm getting older and wider instead of older and wiser.
-

CLUB PROBUS POLO SHIRT & HOODIE

GILDAN POLO Shirt



Slim fit
90% cotton 10% polyester
Colour SPORTS GREY
Sizes S to 2XL
PRICE \$35

GILDAN POLO Shirt



Classic fit
100% cotton
Colour WHITE
Sizes S to 2XL
PRICE \$40

ZIP UP Hoodie



Spun yarn for softer feel
50% cotton
WHITE only
Sizes S to 2XL
PRICE \$60

Our Vice President Brian is still taking orders with payment and has size charts available.



2026 LADIES LUNCHEON

Members, Ladies and Guests are invited to the Probud Club of Newcastle Ladies Luncheon

Club Macquarie, Lake Road, Argenton
Friday, 31st July 2026

11.00am: Arrive - Tea & Coffee/Pre Lunch Drinks

11.25am: Welcome

11.30am: Guest Speaker

12.30pm: Lunch

1.30pm: Fellowship

Our Guest Speaker: Newcastle's very own "Miss Kim"



A performer since she was 10 and then a music teacher, Kim Hornby has dedicated her life to educating, entertaining and nurturing youngsters, but her influence extends far beyond that.

She's better known as "Miss Kim", and if you grew up in the Hunter Region, she was probably a big part of your childhood.



From Romper Room, to tucking Big Dog into bed every night...the iconic "Miss Kim" is ready to share her amazing journey with us!



RSVP by 28th July 2026 to Stephen Pead – Luncheon coordinator

At club meeting or email peady@y7mail.com or phone 0411 471 118

Payment of \$60 per person by funds transfer:

BSB 650-000 / Account Number 943213300 (please include your name)

The next General Meeting of Newcastle Probud Club will be held on 28th July 2026 at Souths Merewether